



## Mid-Year Journaling Exercise

The beginning of an AmeriCorps service year is filled with excitement and anticipation for hitting the ground running to start the work at hand. Take a moment to reflect and respond to these "start of service year" questions that will set you down a path toward preparing for life after AmeriCorps.

1. How have you grown or changed since you began your service year?
2. What new things have you learned?
3. What new skills have you learned and how are you applying them?
4. What existing skills have you have sharpened and how are you applying them?
5. How are you currently using your strengths, skills, and talents to serve your community?
6. Describe a challenge that you have overcome thus far in the service year. What abilities, resources, or supports enabled you to overcome it?
7. What would you like to accomplish during the remainder of the service year?
8. How can Imagine Art continue to support your development during the remainder of the service year?