

Kirti Sinha

is a proud Indian American artist, driven by a passion for art borne from her youth when she was inspired by the Indian folk art, Rangolis (mandalas), present in her daily life. Her current work is moving toward the more abstract, yet still incorporates the intricate patterns from Indian folk art in her landscapes and animal portraiture. She also infuses Zentangles in her art, which inspire her to create compositions that are both joyful and healing.

A career shift away from the tech world allowed her to follow her heart and into making and teaching art. She fills her time painting, submitting for exhibitions and competitions, fulfilling commissions, and teaching children. She enjoys interacting with kids and channeling their creative energies as well as making them think outside the box in their art during her classes. She is also currently an artist with Imagine Art, an Austin arts organization that serves artists with and without disabilities.

Kirti lives in Austin, Texas with her husband and two children. She views one of her life's purposes is to bring more awareness to art as well as to show how art can work therapeutically for everyone living with day-to-day stressful life. "I am blessed each day to teach how we can use art making as therapeutic healing, especially needed in these challenging times. We all need to find ways to take care of ourselves. mentally, physically, and spiritually, and art is a fantastic vehicle for that critical self-care."

Photo credit: Madison Bennett

